### P3 Facilitator FAQs

### As a facilitator, do I get to participate?

• You are an equal participant in the group. You just happen to be the one to prepare conversation topics and ensure certain items are covered.

#### What training/events are provided for facilitators?

- Facilitator training will occur virtually prior to the first session on the week of February 22<sup>nd</sup>. This training
  will go over the content of the program as well as facilitation skills such as norm setting and leadership
  presence.
- · Mid-point check-in to review feedback and work through issues as a facilitator community
- End of program celebratory event

#### What is the additional time commitment of a facilitator?

- Facilitators can expect to spend only one additional hour per week.
- This semester, **P3 sessions will run for 6 three-hour sessions** starting the week of March 15th and finishing the week of April 16<sup>th</sup>.
- In addition to reading the P3 content, the facilitator will be responsible for preparing their story and organizing the logistics of each session.
- P3 Program staff will send weekly email templates for facilitators to customize and send out to their participants with details for the upcoming session.
- Facilitators get to help select participants who demonstrate the P3 values through application review starting February 4<sup>th</sup>.

## How do I become a successful facilitator?

- To be a strong facilitator, you will often be the first to share in a conversation. This is because you are modeling the type of stories to share, topics to cover, and the goal of the session.
- Set the tone of the group through setting norms.
- You are NOT a therapist, someone who gives answers to questions, or someone who is there to be "boss" of the group

# How do I apply?

Please complete the facilitator application <u>here</u> by January 29th.

# **More Questions?**

Please contact the P3 Program team at <u>P3Program@wharton.upenn.edu</u>.

