"A new way to look at success that can transform your life."
—DANIEL PINK, author of *To Sell Is Human* and *Drive*

**Springboard**

Launching Your Personal Search for SUCCESS

G. Richard Shell

Awards-Winning Author and Creator of the Wharton School’s “Success Course”

REVISED AND UPDATED

[Image of a group photo]

[Image of a virtual meeting]

[Image of another group photo]
# P3 Overview

**WHAT P3 IS:**

- A unique collaboration amongst Wharton students, faculty, and staff
- A small group of peers who come together to explore what matters to them
- A valuable opportunity to connect with your classmates at a deeper and more personal level

**HOW YOU ACHIEVE IT:**

- Full commitment to attend each session
- A willingness to share your story – a sincere effort to engage with your peers
- Openness to listen to others attentively and without judgement
Participant Experiences: The Data

97% found participating in P3 to be a valuable experience overall

92% gained greater self-awareness

77% found P3 to have a positive influence on their leadership development and growth

*Data from FY21 Feedback Survey*
Participant Experiences: The Data

“P3 is a reflective time to take a break from the fast paced and intense culture of Wharton and figure out what truly matters to you. It also allows students to get to know each other on a deeper basis.”

“I was lucky to join a great group of people and loved the camaraderie that we shared in all of the sessions. It was great exploring differences and similarities in ideologies. I left each session learning a lot more than I expected to learn before joining the session.”

*Data from FY 21 P3 Feedback Surveys*
Weekly Sessions

**WEEKLY PREP**

- Readings from *Springboard* and selected articles
- Worksheet with exercises & questions

**SESSIONS**

- 2.5 hours per week for 6 weeks
- Attendance, openness, and curiosity are required at all sessions
Program Facilitated vs Peer Facilitated Groups

**PROGRAM FACILITATED**

A prior P3 participant will facilitate all six sessions

**PEER FACILITATED**

Participants will rotate the facilitator role and take turns hosting the sessions by following P3 facilitator Guide
# The P3 Experience: What to Expect

<table>
<thead>
<tr>
<th>Week</th>
<th>Content</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Defining Success</td>
</tr>
<tr>
<td>2</td>
<td>Happiness: What Is It (Really) and How Does It Fit Into Your Overall Success?</td>
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<tr>
<td>3</td>
<td>The Sources of Your Success Motivations: Childhood, Family, Culture</td>
</tr>
<tr>
<td>4</td>
<td>Resilience: Dealing with Failure, Loss, Setbacks and Disappointments</td>
</tr>
<tr>
<td>5</td>
<td>Living Purposefully: Inspiration, Meaning, Energies</td>
</tr>
<tr>
<td>6</td>
<td>Leadership Vision &amp; Commitments to Personal Values and Principles</td>
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</tbody>
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Optional Sessions

**P3 Workshop: How to Make Your Group Experience Meaningful**
- October 8, 2021
- Facilitators and Peer Grouped Participants Strongly Encouraged
- All Invited

**Check-Ins**
- Office hours with P3 Program staff by appointment

**Commitment Session**
- April 2022
- Share your P3 experience and commitments with other participants and hear from Professor Shell
P3 Key Dates: Fall 2021

- Application is now open and a link to it can be found on our website.
- Application Closes: 13 September 11:59pm EST
- Notification of Acceptance: 22 September
- Timeslot Selection: 24-26 September
- Sessions Begin: Week of 25 October
- Weekly Sessions: 6 weeks
*Attendance at all sessions required
Application Questions

1. What are your goals/mission for participating in P3?

2. What does it take to be a good P3 participant?
How have you demonstrated those behaviors?

3. P3 requires time and commitment.
Why are you best suited to make the commitment to P3 now?
# P3 Program Calendar: Fall 2021

## Registration Phase

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Sept. 7, 2021</td>
<td>Participant Application Opens</td>
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<tr>
<td>Sept. 8, 2021</td>
<td>Participant Information Session</td>
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<tr>
<td>Sept. 13, 2021</td>
<td>Participant Registration Closes</td>
</tr>
<tr>
<td>Sept. 24, 2021</td>
<td>Timeslot Sign-Up Starts</td>
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<tr>
<td>Oct. 1, 2021</td>
<td>P3 Groups Announced</td>
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<tr>
<td>Oct. 8, 2021</td>
<td>P3 Workshop: How to Make Your Group Experience Meaningful</td>
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</tbody>
</table>

## Program Phase

<table>
<thead>
<tr>
<th>Week</th>
<th>Topic</th>
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<tbody>
<tr>
<td>Week of Oct. 25</td>
<td>Week 1 – Defining Success</td>
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<tr>
<td>Week of Nov. 1</td>
<td>Week 2 – Happiness: What Is It (Really) and How Does It Fit Into Your Overall Success?</td>
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<tr>
<td>Week of Nov. 8</td>
<td>Week 3 – The Sources of Your Success Motivations: Childhood, Family, &amp; Culture</td>
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<tr>
<td>Week of Nov. 15</td>
<td>Week 4 – Resilience: Dealing with Failure, Loss, Setbacks and Disappointments &amp; Session 3.5 Check-In</td>
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<tr>
<td>Week of Nov. 29</td>
<td>Week 5 – Living Purposefully: Inspiration, Meaning, Energies</td>
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<tr>
<td>Week of Dec. 6</td>
<td>Week 6 – Leadership Vision &amp; Commitments to Personal Values and Principles</td>
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<tr>
<td>April 2022</td>
<td>P3 Commitment Session</td>
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P3 FAQs:

• Can you participate in P3 and other McNulty offerings?
  • **Yes!** P3 is an open-enrollment program and does not preclude you from participating in any other McNulty program, including a McNulty Leadership Program Fellowship!

• Will P3 be in-person this semester?
  • **Yes!** Groups will be able to meet during their weekly time slot in-person. We will provide guidance on setting norms around COVID-19 precautions to help groups align and meet safely. Groups will need to select and secure their own spaces for their weekly meetings.

• When can I take P3?
  • You can participate in P3 in the spring semester of your 1st year or either semester of your 2nd year. Think about when is the best time for you to commit to this introspective experience!
Q&A

Questions?

• Email P3Program@wharton.upenn.edu
• Monica Peters, Associate Director mopetes@Wharton.upenn.edu
• Visit: https://leadership.wharton.upenn.edu/p3/
McNULTY LEADERSHIP PROGRAM