P3 Information Session
Spring 2023
McNulty Leadership Program
“A new way to look at success that can transform your life.”
—DANIEL PINK, author of *To Sell Is Human* and *Drive*

Springboard

Launching Your Personal Search for SUCCESS

G. Richard Shell

Award-Winning Author and Creator of the Wharton School’s “Success Course”

REVISED AND UPDATED
P3 Overview

**WHAT P3 IS:**

A unique collaboration amongst Wharton students, faculty, and staff

A small group of peers who come together to explore what matters to them

A valuable opportunity to connect with your classmates at a deeper and more personal level

**HOW YOU ACHIEVE IT:**

Full commitment to attend each session

A willingness to share your story – a sincere effort to engage with your peers

Openness to listen to others attentively and without judgement
Participant Experiences: The Data

How likely are you to recommend P3 to fellow students?

**8.9 Mean, 68.8 NPS Score**

Survey Response Rate: **32%**

- **95%** found participating in P3 to be a valuable experience overall
- **93%** gained greater self-awareness
- **76%** found P3 to have a positive influence on their leadership development and growth
Participant Experiences: Testimonials

“P3 is a reflective time to take a break from the fast paced and intense culture of Wharton and figure out what truly matters to you. It also allows students to get to know each other on a deeper basis.”

“I was lucky to join a great group of people and loved the camaraderie that we shared in all of the sessions. It was great exploring differences and similarities in ideologies. I left each session learning a lot more than I expected to learn before joining the session.”
Weekly Sessions

**WEEKLY PREP**

- Readings from *Springboard* and selected articles
- Worksheet with exercises & questions

**SESSIONS**

- 2.5 hours per week for 6 weeks
- Attendance, openness, and curiosity are required at all sessions
# The P3 Experience: What to Expect

<table>
<thead>
<tr>
<th>Week</th>
<th>Content</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Defining Success</td>
</tr>
<tr>
<td>2</td>
<td>Happiness: What Is It (Really) and How Does It Fit Into Your Overall Success?</td>
</tr>
<tr>
<td>3</td>
<td>The Sources of Your Success Motivations: Childhood, Family, Culture</td>
</tr>
<tr>
<td>4</td>
<td>Resilience: Dealing with Failure, Loss, Setbacks and Disappointments</td>
</tr>
<tr>
<td>5</td>
<td>Living Purposefully: Inspiration, Meaning, Energies</td>
</tr>
<tr>
<td>6</td>
<td>Leadership Vision &amp; Commitments to Personal Values and Principles</td>
</tr>
</tbody>
</table>
Optional Sessions

P3 Workshop: How to Make Your Group Experience Meaningful

- March 1st, 2022
- Opportunity to develop group facilitation skills prior to starting P3 Sessions
  - Strongly encouraged

Check-Ins

- Office hours with P3 Program staff by appointment
Designated Peer Facilitated vs Rotational Group Facilitated P3 Groups

Designated Peer Facilitated
A student facilitator who previously participated in P3 applied to role and will facilitate each session.

Rotational Group Facilitated
Participants will rotate the facilitator role and take turns in the responsibility for the session.
P3 Key Dates: Spring 2023

Application is now open and a link to it can be found on our [website](#).

Application Closes:
22 January
11:59pm ET

Notification of Acceptance:
10 February

Timeslot Selection:
17 February – 20 February

Sessions Begin:
Week of 13 March

Weekly Sessions: 6 weeks
*Attendance at all sessions required*
Application Questions

1. What are your goals/mission for participating in P3?

2. What does it take to be a good P3 participant? How have you demonstrated those behaviors?

3. P3 requires time and commitment. Why are you best suited to make the commitment to P3 now?
<table>
<thead>
<tr>
<th>Week of March 13</th>
<th>Week 1 – Defining Success</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week of March 20</td>
<td>Week 2 – Happiness: What Is It (Really) and How Does It Fit Into Your Overall Success?</td>
</tr>
<tr>
<td>Week of March 27</td>
<td>Week 3 – The Sources of Your Success Motivations: Childhood, Family, &amp; Culture</td>
</tr>
<tr>
<td>Week of April 3</td>
<td>Week 4 – Resilience: Dealing with Failure, Loss, Setbacks and Disappointments &amp; Session 3.5 Check-In</td>
</tr>
<tr>
<td>Week of April 10</td>
<td>Week 5 – Living Purposefully: Inspiration, Meaning, Energies</td>
</tr>
<tr>
<td>Week of April 17</td>
<td>Week 6 – Leadership Vision &amp; Commitments to Personal Values and Principles</td>
</tr>
</tbody>
</table>
P3 FAQs:

• Can you participate in P3 and other McNulty offerings?
  • **Yes!** P3 is an open-enrollment program and does not preclude you from participating in any other McNulty program, including a McNulty Leadership Program Fellowship!

• Will P3 be in-person this semester?
  • **Yes!** Groups will be able to meet during their weekly time slot in-person. Groups will need to select and secure their own spaces for their weekly meetings.

• When can I take P3?
  • You can participate in P3 in the spring semester of your 1\textsuperscript{st} year or either semester of your 2\textsuperscript{nd} year. Think about when is the best time for you to commit to this introspective experience!
Q&A

Questions?
• Email P3Program@wharton.upenn.edu
• Visit: https://leadership.wharton.upenn.edu/p3/
• Session Recording: https://upenn.box.com/s/8oo77ro3eyc121trt3ue9qyphsbs5rk0